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For Immediate Release

COVID-19 activity now being reported in three Labrador Inuit communities

The Nunatsiavut Government is reporting that there is currently COVID-19 activity in the Labrador Inuit communities of Nain, Hopedale and Rigolet. There have been no reports of cases in the communities of Postville and Makkovik to date.

Public health officials have advised that it is likely that the virus that causes COVID-19 will eventually be present in all communities. Individuals with symptoms, with no known exposure to the virus, should contact 811 or complete the online assessment tool at [COVID Assessment and Referral \(nlchi.nl.ca\)](https://nlchi.nl.ca) to determine if testing is required.

Residents of all Labrador Inuit communities are asked to keep following all public health guidance and protocols, including those around isolation.

Symptoms of COVID-19 include:

- Fever, including chills or sweats;
- A new or worsening cough;
- Shortness of breath or difficulty breathing;
- Runny, stuffy or congested nose;
- Sore throat or difficulty swallowing;
- Headache;
- Loss of sense of smell or taste;
- Unusual fatigue or lack of energy;
- New onset of muscle aches;
- Loss of appetite;
- Vomiting or diarrhea for more than 24 hours; and,
- Small red or purple spots on hands and/or feet.

The Nunatsiavut Government is asking residents of all communities to be mindful of the situations of others, and to be kind and refrain from spreading rumors or stereotyping those who may have contracted COVID-19 or who are in isolation awaiting test results.

Please note that the second vaccine dose for children between five and 11 years of age will begin in all Labrador Inuit communities in early February. The vaccine is still available for those 12 years of age and over for first and second shots, and to those 18 years of age and over for first, second and booster shots. To make an appointment, please contact your community Public Health office.

Media Contact:

Bert Pomeroy
Director of Communications
(709) 896-8582