



January 1, 2022  
For Immediate Release

## **Limit your contacts**

The Nunatsiavut Government is urging residents of all Labrador Inuit communities to please limit your contacts as much as possible as there is significant COVID-19 activity across Labrador, including in Happy Valley-Goose Bay.

- There are now 14 presumptive positive cases in Nain.
- There are no other cases in any of the other Labrador Inuit communities.
- The Omicron variant of COVID-19 spreads easily from one person or another.
- If you have symptoms please self-isolate and arrange a test through 811.
- Those already tested can obtain their results by visiting: <https://healthenl.ca/concerto/covidresults>.

Department of Health and Social Development Public Health Nurses are working long hours to follow up in all cases and contacts to help keep all communities safe. We ask for your patience as we navigate through this situation.